



The Book of Ephesians

By: The Field Church

Week 4

Day 1:

Ephesians 4:1-16

1. What unifies us together as Christians?
2. What attitudes of our hearts should we display for one another in Christ? (4:1-3)
 - a. Do you have this type of Godly attitude toward your fellow believers?
 - i. If not, what sinful beliefs get in the way of having a Christ-like heart toward others?

Day 2:

Ephesians 4:1-16 (Cont.)

1. What is the job of the pastors, teachers, disciplers and leaders in the Church?
 2. What is the work of the ministry?
 - a. How are you submitting yourself to their leadership in your life?
 - b. How are you growing in your desire and ability to do the work of the ministry?
- ⇒ Are you investing in relationships with people who do not have a relationship with God through Christ in order to share the gospel with them?
- ⊗ What is the goal and promise if we strive to attain the unity of faith? (4:13-16)

Day 3:

Ephesians 4:1-16 (Cont.)

1. How are contributing to the growth of your church?



2. How can you be intentional today to encourage your brothers and sisters in Christ?
3. How can you be intentional with one or two relationships with friends who are lost today?

Day 4:

Ephesians 4:17-32

1. What characterizes a gentile¹ way of thought? (4:17-18)
2. Paul talks about putting off the old self and putting on our new selves that are made in the likeness of God. Where does this process take place according to v. 23?
 - a. Do you examine your daily beliefs against the truths of scripture?
 - b. If your thoughts and beliefs go against scripture, do you repent by putting off your sinful belief and put on by trusting and living out the truths seen in scripture?
 - i. If not, why?

Day 5:

Ephesians 4:17-32

1. What does the new life look like according to v. 25-32?
 - a. Why do you think Paul puts a lot of emphasis on the words we speak to one another?
 - i. Are you careful with your words? Do you think about what you are trying to communicate to those around you?
 - ii. What are the motivations of your speech?

Today's Challenge:

- ❖ Who have you hurt with your words lately? Go to them and ask forgiveness.

¹ Gentile Definition: Non-Jew, someone who did not follow the God of Israel.



- ❖ Use your words today to build those around you up in love. Pray and ask God to use you to be a light to them through how you speak to them.



Week 5

Day 1:

Ephesians 5:1-21

1. Today's passage is full of instruction on how to approach life in the world today. We who were once lost still live in a lost world with other lost people. How do we live out our faith intentionally according to v. 10?
 - a. How do we discern what is pleasing to the Lord?
2. Can those around you who are lost walk in wisdom?
 - ♥ How does seeing the evil that is in the world help you to have a heart for those around you who are lost?

Day 2:

Ephesians 5:1-21 (Cont.)

1. What characteristics do you see of someone who is wise in our passage today?
 - a. Do you have the character of one who is wise?

Today's Challenge:

- ❖ What foolish behaviors and beliefs do you need to repent of?
- ❖ Who around you are lost and stuck in their sin? How can you begin to pray for them and love them well today? Our hope is that your Christ like love for them will be used by God to draw them to Himself.

Day 3:

Ephesians 5:22-6:9

1. How does God use different roles of submission to protect and love one another?
2. Who are we ultimately submitting to when we submit to one another in these ways?



3. How can we encourage and lead up through our submission?

Day 4:

Ephesians 5:22-6:9 (Cont.)

1. How should we protect and serve those that submit to us?
 - a. Husbands are you abusing your authority in any way? If so, repent and be a servant leader whose ultimate goal is to lead your wife and children to love God.
 - b. Wives are you undermining the leadership of your husband? If so repent, have faith in God's design for your life and your family. You have such an important role by showing Christ like through encouraging your husband leadership.
 - c. Children are you heading the authority and wisdom of your parents? If not, repent and know God has put them in your life to guide you and protect you. They are not perfect but God is still the one who gave them to you so glorify God by honoring them.

Day 5:

Ephesians 5:22-6:9 (Cont.)

1. We no longer have bondservants but the principals given can be applied to the work place. Are you serving the Lord by how you do your work and serve the mission of your company? Character always shows no matter how small of a task it may seem.

Today's Challenge:

- ❖ Are you glorifying God through how you submit and lead in your particular role? What needs to change?



Week 6

Day 1:

Ephesians 6:10-20

1. Who does Paul say we are at war with?
2. Do you believe that spiritual warfare is a real thing?
 - a. How does thinking of spiritual warfare as a reality help you to fight?
 - b. What are the dangers of ignoring the reality of spiritual warfare?

Day 2:

Ephesians 6:10-20

1. What are all of the pieces of the armor of God?
 - a. What piece of armor are you going to war without?
2. What piece of armor motivates us to move forward? (v.15)
3. What are our weapons of offense?
 - a. Are you clinging to the word?
 - b. Are you praying?
 - c. Are you sharing the gospel?

Today's Challenge:

- ❖ Memorize this week Ephesians 6:10-18

Day 3:

Ephesians 6:21-24

1. How would you define incorruptible love?
2. What do we need to do to keep our love for Christ incorruptible?
3. Paul's prayer is peace for the believers, are you experiencing the peace of God?
 - a. If not, what is disrupting the peace of God in your life?



Day 4:

Ephesians 6:21-24

1. How are you praying for your brothers and sisters in Christ?

Today's Challenge:

- ❖ Make a prayer list of people who need encouragement in their walk with Christ and begin praying for them. Send them a text and let them know you are lifting them up in prayer as encouragement.

Day 5:

Final Review

1. What have you learned about God through this study?
2. What have you learned about yourself through this study?
 - a. How has God shaped your belief through this study?
 - b. What "old self" have you put off and what "new self" have you put on through the renewal of your mind? (Ephesians 4:17-24)