



Spiritual Assessment Tool

Thank you for taking the time to fill out the spiritual assessment tool. We are aware that these questions probe deeply and it is our prayer that this tool helps to encourage you in your faith and to help you grow deeper in your love for Christ.

All of these questions flow from and are designed to point to the following four pillars:

1. **Joyfully Treasuring (Jesus)** ("Greatest Commandment" Matthew 22:37-38)
2. **Genuinely Loving (Each Other)** ("Second Greatest Commandment" Matthew 22:39)
3. **Actively Reaching (People in Our "Worlds" and Around the World with the Gospel)** ("Great Commission" Matthew 28:16-20)
4. **Passionately Equipping (The Saints for The Work of the Ministry)** (Ephesians 4:11-13)

We believe that these four pillars are what we want our lives to reflect as Christ followers and they are the vision for The Field Church. Our prayer is that these four pillars are the focus as you utilize this tool to assess yourself and one day to assess others when you disciple them. We believe that as we do and become these four pillars we bring the most glory to God!

Testimony: In 1-2 paragraphs, write out your testimony by answering the following:

1. What was life like before knowing Christ?
2. When did you receive Christ and what were the truths you heard and believed about Christ?
3. How have you changed since receiving Christ?

Name: _____ Date: _____

Spiritual Disciplines:

1. How often do you spend time reading your Bible?

2. Do you look forward to your time with God (delight) or do you look at that time as something you are supposed to do as a Christian (duty)?

3. How often do you pray?

a. Describe what your prayer life looks like? How much of your time in prayer is spent.....

i. Worshiping and adoring God?

ii. Examining your heart and confessing sin?

- iii. Praising and thanking God for who He is and what He has done in your life?
 - iv. Requesting God's help for your needs and others' needs?
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4. How often do you meditate during the day on God's truths?

5. How much do you practice applying God's truths to your day-to-day life?

6. How often, when you realize that a belief you have goes against the principals and commandments of the Bible, do you repent and change?

7. Do you primarily go to church to be invested in or do you see it as a place that God can use you to invest in others?

8. Do you understand how God has gifted you and how to use those gifts to build up your local church?

9. Have you ever served in a church before? If so, what areas?

10. What is your view of your finances? Do you see your money as your possession that you earned or do you see your money as God's that He has given to you to steward for His glory and purpose?

11. What does it mean to give tithes and offerings to The Lord? Do you worship God through faithfully giving your tithes and offerings?

Attitudes of the Heart:

1. Do your actions demonstrate a desire to build God's kingdom rather than your own?

2. Do peace, contentment, and joy characterize your life rather than worry and anxiety? If not, what are the thoughts and beliefs that cause the worry and anxiety?

3. Do you believe that your prayers impact your life and the lives of others? Do you pray as if you believe that?

4. Do you regularly admit your errors in relationships and humbly seek forgiveness from the ones you have hurt?

5. Do you regularly forgive others when their actions harm you?

6. Where do you find your worth?

7. What do you regularly desire from others?

8. What are your plans, and intentions designed to accomplish?

9. Where do you find refuge & safety?

10. Where do you find comfort and security?

11. Where do you find pleasure and escape?

12. What do you see as your rights as a person? What do you feel entitled to?

Making Disciples:

1. Have you ever been discipled before? If so, explain your experience and what you learned through that process.

2. How many friends do you have that do not have a relationship with God through Christ?

3. How often do you spend intentional time in environments with people who do not have a relationship with God through Christ?

4. Do you keep a mindset of flexibility that allows for relational interruptions with people around you (co-workers, neighbors, people at the gym, park, coffee shop, etc.) to build new friendships with people who do not have a relationship with God through Christ?

5. How regularly do you pray for those around you who do not have a relationship with God through Christ?

6. Can you explain the gospel in a few sentences?

7. If you had an opportunity to share the gospel, do you feel confident you can share clearly?

Sowing of Seeds:

Read: Matthew 13:1-9, 18-23

1. **Danger: Hard Ground (Path)**

- a. This represents those who hear the gospel but show no interest. For those who are in your world that do not seem to have an interest in the gospel you should pray for God to soften their hearts for the gospel.

2. **Danger: Rocky Ground**

- a. Do you find it hard to walk with God when things aren't going your way?

b. Do you feel that God should bless you based on your good works?

c. Do you expect prosperity and a good life but struggle to love God during trials? _____

3. Danger: Thorns

a. How much of your time is spent reading, watching and listening to things that perpetuate worldly ideas, thoughts and fears?

b. Do you have deep friendships with others who love Jesus or are your closest friends and advisors lost?

c. Do you try to control, manipulate and/or manage the world around you rather than trust God's control and care for your life? What do you utilize in order to try to control, manipulate, and/or manage (money, friendship, success, etc.) _____

❖ The two greatest dangers that cause people to fall away from following Christ are when we don't get what we want, when we are faced with hardships, and/or persecution (Rocky Ground) or over a period of time being choked out by wanting what the world has to offer more than Christ (Thorns). Which danger (Rocky Ground or Thorns) are you prone to choose? How can we help you grow and stay in rich soil?