



Using the Spiritual Assessment Tool to Create a Vision Plan

The Spiritual Assessment Tool is designed to gauge where a person is at in their walk with the Lord, especially in the areas of the **spiritual disciplines** (prayer, Bible reading, fasting, giving, and serving), **heart attitudes** (beliefs about reality that affect our thoughts, feelings, and actions), and **multiplication** (making disciples).

The questions in each area (**spiritual disciplines, heart attitudes, and multiplication**) are designed to reveal areas of potential growth for our disciples.

If we can identify areas of potential growth, then we can help our disciples take steps to see four pillars of our Church realized in their lives:

1. **Joyfully Treasuring (Jesus)** ("Greatest Commandment" Matthew 22:37-38)
2. **Genuinely Loving (Each Other)** ("Second Greatest Commandment" Matthew 22:39)
3. **Actively Reaching (People in Our "Worlds" and Around the World with the Gospel)** ("Great Commission" Matthew 28:16-20)
4. **Passionately Equipping (The Saints for The Work of the Ministry)** (Ephesians 4:11-13)

Once we identify areas of potential growth, we can create a **Vision Plan** ("This is the current reality for our disciple" (Point A), "this is our goal for them in 1 year" (Point B), and these are practical steps to get from (Point A) to (Point B).

Sample Vision Plan:

Category	Current Reality	Practical STEPS	GOAL (1 year from now)
Spiritual disciplines	Reads Bible 1-2 times per week. Prays 3 times per week. Inconsistent Church attendance. Rarely reflects on Spiritual things day-to-day. Knows she should do more but is often "Too Busy" for time with God.	<ol style="list-style-type: none"> 1) Begin Daily Bible reading (15 min daily) + New Morning Mercies as an aid for busy days. OR, Begin John Study or Ephesians Study (at their own pace). 2) Write a daily bible verse from the text on a notecard to carry around and begin meditating on the Word. 3) Signup for a community Group 4) Begin serving on Hospitality Team 	Takes PLEASURE in spending time in God's Word daily. Prays frequently: Adoring God, Confessing her Sin, Thanking Him, and for the needs of those around her. Is Memorizing her favorite passages of Scripture. Faithfully Serving in a biweekly role at Church. Involved in a Community Group.
Heart Attitudes	Frequently feels anxious about the wellbeing of her Children. Desires the approval of her peers but feels like she must continually put up a façade to show that she is a competent mother. Struggles trusting God with the safety of her family.	<ol style="list-style-type: none"> 1) Go through the Attributes of God Study "Seeing His Splendor" 2) Teach her the heart Diagram (Reference Chad's Biblical counseling sermons) 3) Read an X-ray question each meeting. 	Trusting the Lord with the safety and security of her children. Finding satisfaction in God's approval of her in Christ.
Multiplication	Spends most of her free time with women from Church. Doesn't have many friends that aren't Christians. Doesn't feel equipped to share the Gospel.	<ol style="list-style-type: none"> 1) Begin praying to meet other women/mothers in her neighborhood, exercise class, and on children's sports teams. (Prayer and effort towards 1-2 new relationships per week) 2) Ask a Non-Christian friend a spiritual question each week in hopes of a gospel conversation. 	Sharing her testimony and the gospel with new lost friends, beginning to disciple other women, and has a reservoir of lost friends that she is continually praying for and inviting into her life.

1. Make a List of what characterizes your disciple's Current spiritual Reality.
 - a. What are their current issues? Areas in need of growth?
2. Use our Four Pillars and "the Process for Multiplication Discipleship"(3 Phases) to envision and list Characteristics of your disciples future walk with the Lord.
 - a. List Goals for your disciple; envisioning them as a mature disciple, what would their life look like?
3. Brainstorm practical steps to help them get from their current spiritual reality to Phase 3, being a mature disciple.
 - a. Your list should be comprised of both larger goals (ex: Complete the John Study) and smaller goals (ex: pray every day this week, or, build one new friendship this week).
 - b. If you need assistance in this, don't hesitate to reach out to your discipler or someone with more discipleship experience.
4. Share your vision plan with your disciple and begin to implement steps/assign homework.
 - a. Give them a vision for what their life could look like if they learned to treasure Christ, love the Church, and reach their neighbors with the Gospel.

These four pillars are what we want our lives to reflect as Christ followers and they are the vision for The Field Church. Our prayer is that these four pillars are the focus as you utilize this tool to create a vision plan for your disciple.